



# Recovery Maintenance

**Recovery Maintenance ...** The idea is simple: If you focus on **maintaining your recovery**, you can worry less about relapse. If you build a life that supports you in not using, it becomes a lot easier to resist bad choices.

**\* Join Us:**

**We meet every 2nd & 4th Thursday from  
4:30 p.m. to 6:30 p.m.**

**Family Service Agency, 2400 N Central Avenue, Suite  
101, Phoenix 85004**

**Call us at 602.264.9891—Ask for Richard Hoversten, LASAC**

